

### MENU CHOICE 3

(19<sup>th</sup> November, 10<sup>th</sup> December, 21<sup>st</sup> January, 11<sup>th</sup> February, 11<sup>th</sup> March, 1<sup>st</sup> April)

<b>MONDAY</b>	<b>Red Choice</b>	Mexican Beef with vegetable rice	Seasonal Vegetables or a choice from a selection of bowl salads	A choice of desserts including fresh fruit
	<b>Green Choice</b>	Macaroni Cheese with garlic dough balls (V)		
	<b>Yellow Choice</b>	Tuna Baguette		
	<b>JP</b>	Jacket Potato with various toppings		

<b>TUESDAY</b>	<b>Red Choice</b>	Chicken Pie with Creamed Potatoes	Seasonal Vegetables or a choice from a selection of bowl salads	A choice of desserts including fresh fruit
	<b>Green Choice</b>	Sweet Potato and Chickpea Curry with Rice (V)		
	<b>Yellow Choice</b>	Ham Roll		
	<b>JP</b>	Jacket Potato with various toppings		

<b>WEDNESDAY</b>	<b>Red Choice</b>	Roast Beef and Yorkshire Pudding with Roast Potatoes	Seasonal Vegetables or a choice from a selection of bowl salads	A choice of desserts including fresh fruit
	<b>Green Choice</b>	Tomato Bolognese with Roast potatoes or pasta (V)		
	<b>Yellow Choice</b>	Chicken Roll		
	<b>JP</b>	Jacket Potato with various toppings		

<b>THURSDAY</b>	<b>Red Choice</b>	Baked Chicken Wrap with pasta	Seasonal Vegetables or a choice from a selection of bowl salads	A choice of desserts including fresh fruit
	<b>Green Choice</b>	Roasted Vegetable Slice with potato wedges(V)		
	<b>Yellow Choice</b>	Cheese Baguette		
	<b>JP</b>	Jacket Potato with various toppings		

<b>FRIDAY</b>	<b>Red Choice</b>	Salmon Fish Fingers with Low Fat Chips or Pasta	Seasonal Vegetables or a choice from a selection of bowl salads	A choice of desserts including fresh fruit
	<b>Green Choice</b>	Favourite Pizza with Low Fat Chips or Pasta (V)		
	<b>Yellow Choice</b>	Egg Roll		
	<b>JP</b>	Jacket Potato with various toppings		