

Talking Additional Needs



For parents of 2-19's

Tuesdays 9.30 - 11.30am
St Albans Fire Station
153 London Road, St Albans, AL1 1TQ
31st October, 7th, 14th, 21st, 28th November
& 5th December 2023
ID:596

**Free 6-week courses for
parents and carers of children
with additional needs.**

Diagnosis is not required.

We will help you to:

- **Understand your child's behaviour.**
- **Develop strategies that really work.**
- **Reduce conflict, anger and arguments.**
- **Improve Emotional Regulation**
- **Explore sensory needs.**
- **Motivate, encourage and support your child.**
- **Increase your child's resilience.**
- **Manage the different needs within your family.**

**OPEN TO PARENTS AND
CARERS ACROSS
HERTFORDSHIRE**

**'I have been on a few courses to help
me with my son, this was by far the
most helpful.'**

Booking essential

Please quote the course ID
**To check eligibility and book a place,
contact Supporting Links on:**

07512 709556

bookings@supportinglinks.co.uk

www.supportinglinks.co.uk