

# EYFS Autumn 1

Our theme this half term is  
**'Marvellous me  
and my family!'**



## Our School Prayer

This is our school,  
Let peace dwell here,  
Let the rooms be full of contentment.  
Let love abide here,  
Love of one another,  
Love of mankind,  
Love of life itself,  
And love of God.  
Let us remember  
That as many hands build a house,  
So many hearts make a school.



## Understanding the world

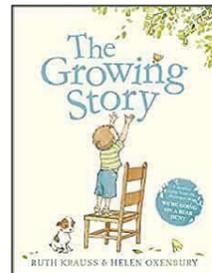
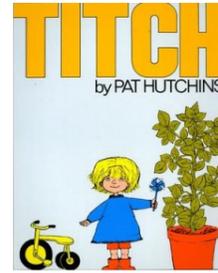
We will be using our senses to explore natural and man-made materials and talking about what we see, hear, smell and touch.

We will be talking about our family, who we live with at home and where we live.



We will be thinking about how we have changed since we were babies including how our choices of toys and activities have changed.

## Focus Texts



## Literacy

We will be exploring different stories and rhymes linked to our theme of 'Marvellous Me!'.

We will be developing our phonological awareness, so that we can: spot and suggest rhymes, count or clap syllables in words, recognise words with the same initial sound.

We will be reading individual letters by saying the sounds for them. We will be learning how to form lower-case and capital letters correctly.



## Personal, Social and Emotional Development

We will be making new friends and building new relationships at school.

We will also be exploring ways of expressing our own feelings and thinking about the feelings of others.



Throughout the term we will be developing our ability to manage own personal hygiene when going to the toilet and washing our hands.

## Physical Development

We will be taking part in a range of physical activities to develop our gross motor skills and core strength. We will be developing our fine motor skills in a range of activities and learning to use different tools safely and confidently such as child scissors. We will be developing our ability to hold a pencil correctly.



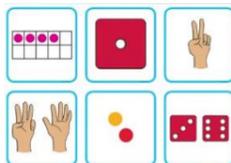
## Relationships and Health Education

We will be exploring the themes of 'Marvellous me!', 'I'm Special' and 'People who are special to me'. We will also be exploring our feelings and talking about how we feel at different times.



## Mathematics

We will be subitizing, counting objects, actions and sounds and linking the number symbol (numeral) with its cardinal number value.



We will be developing our understanding of the 'one more than/one less than' relationship between consecutive numbers.

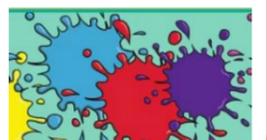
## Communication and Language

We will be listening to stories and talking about what is happening in the pictures. We will be learning rhymes, poems and songs as well as new words linked to our theme this half term. We will be using our widening vocabulary in conversations with others, iwork and play.



## Expressive arts and design

We will be exploring different materials and developing our own ideas about how to use them and what to make. We will be developing our own storylines in our small world and role play activities.



## Religious Education

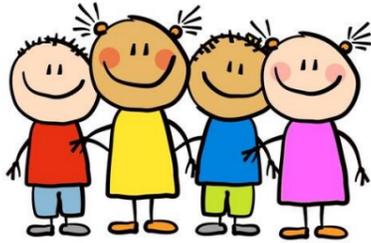
In our 'Understanding Christianity' sessions, we will be exploring the story of creation and why the word God is so important to Christians.



**Psalm 139:14**  
**I praise you God,**  
**for I am fearfully and wonderfully made.**



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Below are some activities that you could explore at home, linked to our theme.

These projects can be worked on over the whole half term.

You can complete as many as you'd like to.

Please send photos of your completed projects into school as each week we will share and celebrate completed projects in class.

### Create a self portrait

Look in the mirror and see what features you have on your face. Now draw or paint a picture of your face. Think carefully about the colours you need to use. You can use crayons, coloured pencils, felt-tip pens or paint to create your picture.



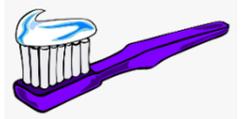
### Who is in your family?

With your grown up, talk about your family. Who is in your family? Do you have any siblings? Do you have any grandparents? Now draw a picture of your family. Can you write the names of the different members of your family?



### Brush your teeth

With your grown up, talk about why it is important that we brush our teeth. Can you find some foods in your kitchen that are good for your teeth? Can you find foods that are not so good for your teeth if you have them too often? Set a timer for 2 minutes and brush your teeth. Now show someone else how to brush their teeth!



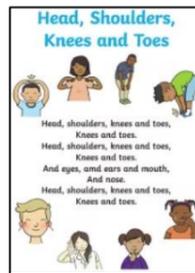
### How tall are you?

Work with a grown up and use a tape measure to find out how tall you are. Can you mark it and see how you grow over the next few months? Is everyone in your house the same height as you? Who is taller and who is shorter than you?



### "Heads, Shoulders, Knees and Toes"

Sing 'Heads, Shoulders, Knees and Toes' with the actions. Now sing it again, doing all the actions but missing out some of the body part words. Can you remember not to say them! Can you perform it to an audience?



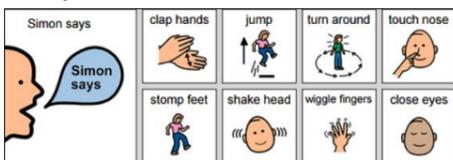
### Make a healthy snack

With your grown up, talk about different foods that are good for you and help to keep us healthy such as fruits and vegetables. With your grown up, make a healthy fruit and vegetable snack. Can you use tools (e.g., a knife for cutting or spreading)?



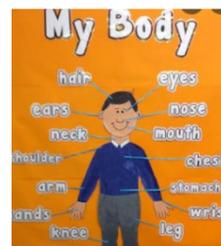
### "Simon says"

Ask a grown up to start giving the instructions. If they say "Simon says.." before giving an instruction you must do it e.g. "Simon says pat your head." If they don't say "Simon Says" and just give the instruction you don't do it! Can you swop roles?



### Count your body parts!

What parts of your body can you name? Tell them to your grown up. How many of each thing do you have? How many fingers do you have? How many toes? How many eyes? How many teeth? Can you count them? Draw a brilliant picture of you, showing the correct number of body parts.



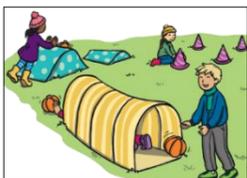
### Read your favourite story

Find your cuddly toy and snuggle down to read a favourite story. What is the title of your story? What happens in the story? Did you enjoy it? How might the story end?



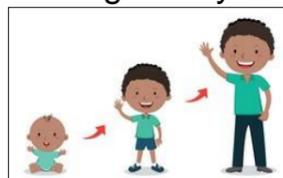
### Up and over!

Can you make an obstacle course in your house or garden. Can you make areas where you have to balance, jump and run? What else can you add? When you have completed it a few times, can you feel your heart beating fast? Are you hot? Why is this?



### How have you changed?

If you can, look at photos of you when you were younger. Talk to a grown up about how you have changed since you were a baby? What things can you do now that you couldn't do then? How has your body changed? Put your photos in age order.



### Write your name

Can you clap the syllables in your name? e.g. Ben (1 syllable= 1 clap), Abdul (2 syllables = 2 claps) etc. Can you clap the syllables in your friend's names? Can you write your name? Keep trying! Remember to only use a capital letter for the first letter of your name.

