

NEWSLETTER

FOR SCHOOLS

Empowering Schools. Supporting Students. Strengthening Communities.



We're delighted to welcome you to the latest edition of the Vista Support Services newsletter. As schools settle into the new term, our team is here to provide guidance, resources, and support to help staff and students thrive. This newsletter will keep you updated on our services and upcoming opportunities.

NEW WEBSITE...

We're kicking off the new school year with some exciting news: the brand-new Vista Support Services website is live!

Visit us at www.vistasupportservices.org.uk

Our new site is designed with schools in mind — making it quicker and easier to access the support you need.

What's New Online:

- Online Referrals – submit referrals securely and conveniently, anytime
- Signposting Directory – find trusted resources and services to support your staff, students, and families
- Clearer Navigation – everything you need, just a few clicks away

Why This Matters for Your School

We know how busy school life is. Our new digital tools mean less time on admin, and more time where it counts — supporting your students.



How can we help your school?



Family Support Services – Supporting Families Through School Referrals

Helping schools strengthen the home environment through early intervention, parenting support, and practical guidance delivered by experienced School Family Workers.



Student Wellbeing & Behaviour Support for Schools

Empowering children and young people with the tools to cope, connect, and grow into confident individuals.



1:1 Mentoring

Regular sessions focused on building confidence, self-esteem, and emotional regulation through positive role modelling.



Counselling

A confidential space to explore feelings and develop healthy coping strategies with qualified professionals.



Behaviour Support

Tailored interventions to understand behaviour and promote positive choices that reduce barriers to learning.



Transition Support

Help with key life changes like moving to secondary school or adjusting to new environments.



Group Activities

Interactive sessions developing emotional literacy, social skills, and resilience in a supportive group setting.



Skills Development

Tools and strategies to help young people express themselves, connect with others, and build confidence.

Online Referral Process

Referrals can be made online via:

<https://vistasupportservices.org.uk/referrals/>

You will need to select the correct referral form from one of the following:

Family Support – School Referrals

Student Support Services – School Referrals

Parent Referral – Self-Funded

Each form is designed to capture the required information and includes a section for signed consent.

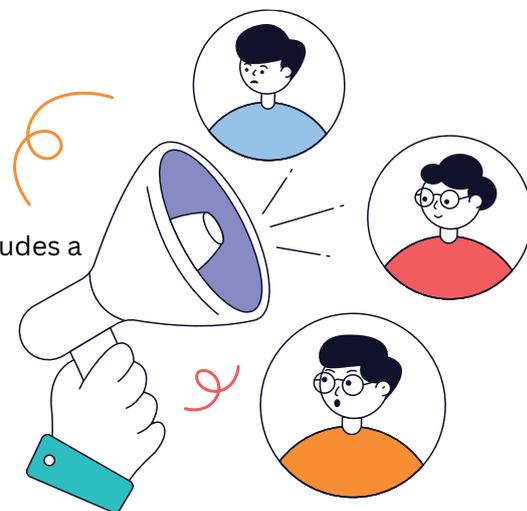
School Referrals

Once a school submits the form, it is automatically sent to the parent/guardian. The parent/guardian can then review the details and complete the consent section. The referral will only be processed once signed consent is received.

Parent Referrals

Parents can complete and submit the full form (including consent) in one step.

In both cases, referrals will only be processed once signed consent is received, ensuring all information is handled securely and in line with data protection standards.



KICK START

Building Life Skills through Football

Brought to you by



Who is it for?

- Students aged 8-16 at risk of school exclusion
- Those who want to improve behaviour & focus through football

What will they learn?

- ✓ Discipline & Respect
- ✓ Teamwork & Communication
- ✓ Handling Emotions & Frustration
- ✓ Leadership & Confidence

Programme Details:

-  6 Week programme
-  One 50 Minute session per week
-  Small group coaching & mentoring

For more information and availability contact our office:

✉ info@vistasupportservices.org.uk ☎ 01727 519128
www.vistasupportservices.org.uk



FIRST AID TRAINING FOR TEENAGERS

Basic First Aid (Level 2)

Gain the knowledge and skills needed to save lives. The course is delivered by an approved ProTrainings UK instructor.

SATURDAY 15TH NOVEMBER 2025

Venue: Sandridge School, Woodcock Hill, St Albans, AL4 9EB

Time: 10am-2pm

Cost: £55 per person

For 13-16 year olds.

This course includes full ProTrainings digital certificates, downloadable CPD time credit statements and evidence based learning statements for all attendees. The qualification is valid for 3 years in line with UK Resus Council and HSE requirements.



Scan QR code to make a booking



www.vistasupportservices.org.uk.org.uk

info@vistasupportservices.org.uk

01727 519128



FREE

EMOTIONALLY BASED SCHOOL NON ATTENDANCE

SUPPORT GROUP

GET INVOLVED, MAKE CONNECTIONS & STEP FORWARD

When: Every Wednesday (Term Time)

Time: 1-3

Where: The Pioneer Youth Club, AL3 5AY



EBSNA Support Group

This is a FREE support group for parents and children dealing with Emotionally Based School Non Attendance (EBSNA). This initiative is a fantastic collaboration with The Pioneer Club, aiming to help children stay connected and continue socialising in a supportive environment.

If you're working with a student or family that may benefit, please contact us for more information.



New members of the Vista team...



Lynn Hill - Mentor/ Behaviour & Emotional Support Practitioner



Sophie Burtt - Child & Adolescent Counsellor



Dave Smith - Mentor



Contact...

Vista Office - 01727 519128 - info@vistasupportservices.org.uk

Referrals - referrals@vistasupport.org.uk

Karen Broom - Managing Director - k.broom@vistasupport.org.uk

Jackie Green - School Family Worker Manager - j.green@vistasupport.org.uk

Stacy Holland - Student Support Manager - s.holland@vistasupport.org.uk



Dates for your diary...

27th -31st October - Half Term - Vista office closed

Wednesday 10th December - Last day for referrals this term

Wednesday 17th December - Last day of term

Monday 5th January 2026 - Vista Office reopens