

# Reception Spring 1

Our theme this half term is  
**'Cool, calming and courageous!'**



Our big question is  
**Who can I ask to help me?**

## Our School Prayer

This is our school,  
Let peace dwell here,  
Let the rooms be full of contentment.  
Let love abide here,  
Love of one another,  
Love of mankind,  
Love of life itself,  
And love of God.  
Let us remember  
That as many hands build a house,  
So many hearts make a school.



## Understanding the world

We will be learning about how we can keep our body healthy, where the food we eat comes from, as well as what forms a balanced diet. We will be finding out how to keep our teeth healthy and continue to know how important it is to wash our hands during our 'Glittery Germs' experiment. We will be finding out about the different occupations of family members and of other people in the community. Visitors will be invited in to talk to us about their occupations and how they help others. We will be listening and responding to stories about people who helped others a long time ago. We will talk about images and artefacts linked to nurses, doctors and firefighters in the past and present.

## Personal, Social and Emotional Development

We will be talking about the different things that support our health and wellbeing. We will be developing our ability to show resilience and perseverance in the face of challenge. We will continue to develop our ability to manage our own personal needs including going to the toilet and washing our hands.

## Relationships and Health Education

We will be naming adults in our lives and those in their community who keep us safe. We will be talking about what we should do if we feel unsafe. We will be learning to recognise potential dangers and how to stay safe, inside and outside. We will be learning the importance of keeping safe around medicines and unknown products. We will find out about age-appropriate ways to stay safe online.

## Mathematics

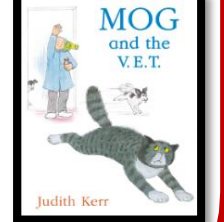
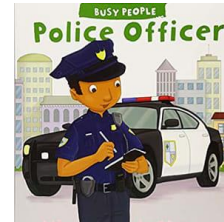
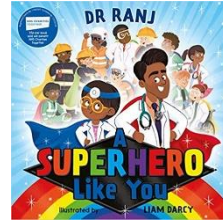
We will continue to explore different number songs and stories to help develop our ability to count objects, actions and sounds accurately. We will be continuing to link the number symbol (numeral) with its cardinal number value. In our White Rose Maths 'Alive in 5!' unit of work, we will be exploring zero, comparing numbers to 5, investigating the composition of the numbers 4 and 5. We will also be exploring and comparing the mass and capacity of different items.

## Religious Education

Where do I belong?

We will explore how we are all special, belong to different groups and celebrate special times.

## Some of our focus texts



## Literacy

We will be exploring different stories and rhymes linked to our theme of 'Cool, calming and courageous!' We will be developing our phonological awareness, so that we can: spot and suggest rhymes, count and clap syllables in words, recognise words with the same initial sound. We will be reading and writing letters by saying the sounds for them, blending sounds into words, so that we can read and write short words and simple sentences made up of known letter-sound correspondences. We will be reading and writing ELS 'harder to read and spell' words.

abcde  
fghijk

## Physical Development

We will be talking about the things that support our overall health and wellbeing including regular physical activity, healthy eating, tooth brushing, sensible amounts of 'screen time', having a good sleep routine and being a safe pedestrian.

We will be taking part in a range of physical activities to develop our gross motor skills and core strength. We will be developing our fine motor skills in a range of activities and learning to use different tools safely and confidently such as child scissors. We will be developing our ability to hold a pencil appropriately for writing.



## Communication and Language

We will be listening to stories about people who help us and learning rhymes and songs linked to our theme this half term. We will be talking about the non-fiction books we explore to develop a deep familiarity with new knowledge and vocabulary. We will be using our widening vocabulary in conversations with others, in work and play.

## Expressive arts and design

We will be designing and making an emergency vehicle using junk modelling. We will learn how to join materials using a chosen technique, for example gluing, taping and stapling.



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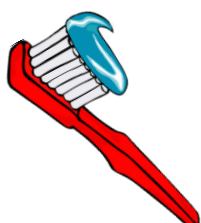
## Home Learning Menu

Here are activities that you should explore at home, linked to our theme.  
These projects can be worked on over the whole half term.

Please send photos of your completed projects to 'Class Dojo' as each week we will share and celebrate completed projects in class.

### Be a dentist!

It is really important to care for our teeth. To do this we should brush our teeth for 2 minutes twice a day. Can you brush your teeth at the same time as a grown up and talk about how you do it properly? Can you clean every tooth? Can you time 2 minutes of cleaning?



### Cross the road!

Road crossing patrol officers are people who help keep us safe when crossing the road. Can you learn how to cross the road and practise with a grown up. Remember STOP, LOOK, LISTEN before your move your feet.



### Build a tower!

Builders help us by fixing or constructing buildings, bridges or roads. Can you build a very tall tower? Can you balance the bricks? Could you stick the bricks together? (e.g. use wet sand and water, shaving foam etc like cement). Can you make a tower shorter than you? Can you make one taller than you? Can you measure it?



### Sort the rubbish!

The people who empty our bins help keep our villages, towns and cities clean. Can you sort your rubbish? Which things can be recycled? What does recycled mean? What materials are the packets and boxes that we throw away made of?



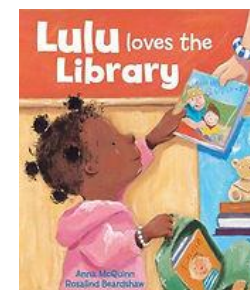
### Learn your address!

Go and have a look at your front door. Does it have a number on it? Can you find your building or street name on a sign? What town do you live in? Can you remember this information? For more challenge, try writing it down.



### Read a story about someone who helps you!

Find your favourite cuddly toy and snuggle down to read a story about someone who helps us. What happens in the story? Did you enjoy it? How might the story end?



### Learn all about the number 9!

999 is a very important number that you may have to call one day. Do you know why? Can you spot the number 9 on a phone? What do you know about number 9? Can you count 9 toys? Can you do 9 jumps? Can you spot the 9 numeral? Do you know what is one more or one less than 9? Can you find different ways of adding numbers to total 9? Can you spot number 9s around your house or outside? (e.g. on doors, registration plates, books, clocks, phones etc.)

### Make a firefighters' fitness course!

Firefighters must be very fit to do their job. Can you make an obstacle course that a firefighter could use to keep fit? Can you complete your obstacle course? Does it make your heartbeat faster? Why is this important? For more challenge, try timing yourself doing the course?



### Write a 'Thank You' card!

Can you write a thank you card for someone who has helped you? Have a go at writing or drawing a message and writing your name. Can you find out their address to write on the envelope? Can you add a stamp? Where can you post it?



### Cook a meal!

Cooks have a very important job; they make meals for school children as well as people in hospitals and care homes. Can you help a grown up make a meal for your family? Can you use tools safely and effectively (e.g. use a peeler)? How can you stay safe around the oven? Do you need to use scales? Do you recognise any numbers on them or in a recipe?



### Be a teacher!

Teachers are important because they teach you new things that you may not have known before. Can you teach someone in your house a new skill or game? You will have to explain how to do it and show them too.



### Sing Miss Polly!

Can you sing Miss Polly had a dolly? This nursery rhyme is about a doctor. Can you learn the actions? Can you perform this song to your family? Perhaps you could play a doctor game now!

